



## FAQs

The most important questions and answers  
about the 8<sup>th</sup> Salzkammergut Marathon (42.195 km),  
Sunday, 21<sup>st</sup> October, 2018  
A mass start at 9.20 a.m. in the front of the  
Trinkhalle, Bad Ischl, Auböckplatz 5  
[www.wolfgangseelauf.at](http://www.wolfgangseelauf.at)

*Dear Runner!*

*Welcome to the 8<sup>th</sup> Salzkammergut Marathon, 2018!*

*Please find below the most important information, set out clearly and concisely.*

- 1. For your own good:** Before the race, please fill in your personal medical data on the back of your number.
- Don't forget – your health is the most important thing – don't risk anything. If you are not sure, that you are in a good shape, please visit our Medical Center in St. Wolfgang (for free).  
**Adress:** Markt 106, 5360 St. Wolfgang  
**Opening hours:** Saturday, 20<sup>th</sup> October 2018, 2–7 p.m. / Sunday, 21<sup>st</sup> October 2018, 7.30–10 a.m.
- Please check the official **start list:** entry errors (name, year of birth etc.) can still be corrected.
- 4. Timings:** Pentek timing (net time).
  - 2 UHF-Chips – at the backside of your starting number. Please fix the number outside.
  - Don't crease your number and don't coat something over your starting number!
  - No number outside, no timing.
- Come to the welcome evening "**Griaß Eich!**" (vouchers in your starting package) on Saturday, 20<sup>th</sup> October from 6 p.m.–8.30 p.m. in the Michael-Pacher-Haus in St. Wolfgang.
- 6. Arrival to the start:** Use the enclosed voucher for a **bus journey**, included in the starting fees.  
**Best option 1:** We recommend that marathon runners leave their cars in the free car parks in Bad Ischl, (e.g. Salinenplatz), then after the race they return to Bad Ischl using the bus voucher.  
+ Hourly journeys from the Pacher-Haus in St. Wolfgang to Bad Ischl leave at  
1.30 p.m., 2.30 p.m., 3.30 p.m., 4.30 p.m. and 5.30 p.m..  
+ If necessary, the last bus will wait for those attending the Marathon award ceremony.  
**Option 2:** Take the bus from St. Wolfgang to Bad Ischl before the race:  
You can leave at 8.15 a.m. from the Pacher-Haus in St. Wolfgang (at the tunnel entrance) to the race start in Bad Ischl.  
**Pleas note:** You can enter the bus also at the bus station in Strobl at following time:  
8.20 a.m., 1.35 p.m., 2.35 p.m., 3.35 p.m., 4.35 p.m. and 5.35 p.m.
- 7. Changing before the race for men and women:** Trinkhalle, Bad Ischl.  
**Public toilets** (free) are situated in the basement of the Trinkhalle.
- Fasten your starting number on the front of your shirt – fix the number outside, otherwise timekeeping isn't possible.
- 9. Transport of clothing** – only with the officially numbered plastic clothes bags – no personal sports' bags.
  - + Deposition of Marathon race clothes bags in the starting area before the race in Bad Ischl:  
8.30 a.m. until 9.05 a.m..
  - + Return of Marathon clothes bags in the Pfarrsaal (Parish Hall), St. Wolfgang (next to the Pacher-Haus)  
12 o'clock until 3.45 p.m..
- 10. Marathon start:** 9.20 am in front of the Trinkhalle in Bad Ischl (mass start – one block, net time).

11. Whilst **running through** St. Wolfgang, please turn right into Florianigasse 100 m before the finishing line (don't run across the finishing line).
12. **Spectator's boat trips:** After the race starts there will be hourly spectator's boat trips from 10.50 a.m. from St. Wolfgang Markt to Gschwendt (km 32.2).  
**Hourly returns** from 11.40 a.m. from Gschwendt to St. Wolfgang Markt.
13. **Respect each other!** We ask that the faster marathon runners take the necessary care when overtaking the slower 27 km runners. These are instructed to leave a lane free for the faster marathon runners on the left, nearest to the lake. Please take care to overtake safely. THANK YOU!
14. **Refreshment points (11):**
- |  |                        |                       |
|--|------------------------|-----------------------|
| Km 6.6: Gasthof Rega   | Km 12.2: Schwarzenbach | Km 15.2: St. Wolfgang |
| Km 18.2: Ried  | Km 21.5: Fürberg       | Km 24.4: St. Gilgen   |
| Km 28.5: Gasthof Gamsjaga  | Km 32.2: Gschwendt     | Km 36.7: Strobl       |
| Km 39.2: Schwarzenbach   |                        |                       |
| Km 42.195_1: After the finishing line, Marktplatz, St. Wolfgang village centre |                        |                       |
| 42.195_2: Florianigasse in the centre of St. Wolfgang                          |                        |                       |
| 42.195_3: Beside the "Kaffeewerkstatt"   |                        |                       |
- Except for Km 18.2 in Ried, all refreshment points have toilets available for runners.
15. **Injured – what now?**  
If you are only slightly injured, simply return (free of charge) to St. Wolfgang by boat with your start number. For more serious injuries, doctors and medics will be available.
16. **Exclusive Finisher's Medal** – these are available immediately after your finish in St. Wolfgang.  
Personal engraving (first name, surname, net time) is possible: Expo tent St. Wolfgang (€ 8,-).
17. **Massage:** Wolfgangsaaal, (Pacher-Haus, St. Wolfgang, 1<sup>st</sup> floor).
18. **Women's changing facilities and showers:** Volksschule (primary school).  
**Women's and Mens' changing facilities after the marathon:** Rathaus, rear entrance.  
**Mens' showers:** Volksschule (primary school), St. Wolfgang and nearby shower Porta cabins.
19. **Salzkammergut Marathon Award Ceremony:**  
4.45 p.m. in the Michael-Pacher-Haus in St. Wolfgang
20. **All results** are available on the internet at [www.pentek-timing.at](http://www.pentek-timing.at) and [www.wolfgangseelauf.at](http://www.wolfgangseelauf.at)  
**Results list:** Available free of charge from the end of November from the three lakeside village Tourist offices. This can also be sent on to you for a small payment of € 4,- to cover postage + SAE.
21. **Personal Certificate** – included in the starting fee: Free download for home printing at [www.pentek-timing.at](http://www.pentek-timing.at)  
Click on the certificate icon on the far left side next to your rank, download and print.
22. **Photo service:** It's easy to order your personal souvenir photos:  
a) Race photos (subject to a fee) via the results list at [www.pentek-timing.at](http://www.pentek-timing.at) (camera icon) or via [www.marathon-photos.com](http://www.marathon-photos.com)  
b) Award ceremony photos can be downloaded free of charge as a special service at [www.wolfgangseelauf.at](http://www.wolfgangseelauf.at) via Flickr.

*Thank you for your participation!*  
*We look forward to seeing you again on 20<sup>th</sup> October, 2019 at the*  
*48<sup>th</sup> International Race Around Lake Wolfgangsee - Salzkammergut Marathon*  
*(5.2 / 10 / 27 / 42.195 km)*

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