



FAQs

The most important questions and answers
about the 19th Shoreline Race (10k)

Sunday, 16th October, 2022

4 staggered starts in Gschwendt:

10.34 a.m. / 10.38 a.m. / 10.42 a.m. / 10.46 a.m.

www.wolfgangseelauf.at

Dear Runner!

Welcome to the 19th Lake Wolfgangsee Shoreline Race, 2022!

Please find below the most important information, set out clearly and concisely.

- 1. For your own good:** Before the race, please fill in your personal medical data on the back of your number.
- 2. Don't forget** – your health is the most important thing – don't risk anything.
If you are not sure, that you are in a good shape, please visit our Medical Center in St. Wolfgang (for free).
Address: Markt 106, 5360 St. Wolfgang
Opening hours: Saturday, 15th October 2022, 2–7 p.m. **FFP2 mask duty!**
- 3.** Please check the official **start list**: entry errors (name, year of birth etc.) can still be corrected.
- 4. Timings:** Pentek timing (net time). 2 UHF-Chips at the backside of your starting number.
 - Fasten your **starting number** on the front of your shirt – fix the number outside, otherwise timekeeping isn't possible.
 - Don't crease your number and don't coat something over your starting number!
 - Do not remove the foam.
- 5.** Come to the welcome evening "**Griaß Eich!**" (pasta voucher in your starting package)
on Saturday, 15th October from 6 p.m.–8.30 p.m. in the Michael-Pacher-Haus in St. Wolfgang.
- 6. Arrival to the start:** Use the enclosed voucher for a **boat trip**, included in the starting fee.
Best option 1: We recommend that the 10 km runners leave their cars in the free car parks in Gschwendt, complete the race and return to the car park using the voucher for a boat trip after the event (hourly from 11.37 a.m./Schafbergbahn or 11.50 a.m./St. Wolfgang Markt).
Option 2: Before the race from St. Wolfgang to Gschwendt: You can reach the start in Gschwendt from the Schafbergbahn boat jetty at the following times: 8.50 a.m., 9.05 a.m., 9.22 a.m. and 10.00 a.m. and from St. Wolfgang Markt at 8.55 a.m., 9.00 a.m., 9.32 a.m. and 9.50 a.m..
Please note: The last boat at 9.50 a.m. from the St. Wolfgang Markt jetty, (10.00 a.m. am from St. Wolfgang Schafbergbahn) reaches Gschwendt at 10.10 a.m. which is very tight and **only to be used in emergencies (no transport of clothing)!**
- 7. Women's and Mens'** changing facilities and showers 1: Volksschule St. Wolfgang (primary school).
Women's and Mens' changing facilities 2: Rathaus St. Wolfgang, rear entrance.
Women's and Mens' changing facilities 3: Tent in Gschwendt (separate male and female sections), next to the starting area.
Women's and Mens' showers 2: Camping Appesbach St. Wolfgang (shuttle bus primary school – Appesbach – primary school).
- 8.** Public and mobile **toilets** (for free) – next to the starting area.
- 9.** Fasten your **starting number** on the front of your shirt – fix the number outside, otherwise timekeeping isn't possible.

- 10. Transport of clothing** – only with the officially numbered plastic-clothes bag – no personal sports' bags.
+ Deposition of 10k clothes bags in Gschwendt starting area before the race starts: 9.30 a.m. until 10.15 a.m..
+ Return of 10k clothes bags in the lower foyer of the Pacher-Haus St. Wolfgang: 11.00 a.m. until 12.30 p.m..
+ Option 2: An accompanying person transports your clothes by boat: departing Gschwendt at 10.50 a.m. and 11.40 a.m..
- 11. Starting line-up:** All starters must be behind the start line at 10.20 a.m. at the latest!
Four staggered starts for the 10 km race:
10.34 a.m. – Block 1: envisaged finishing time 30:00–50:00 minutes.
10.38 a.m. – Block 2: envisaged finishing time 50:00–60:00 minutes.
10.42 a.m. – Block 3: envisaged finishing time 60:00 minutes–1:05:00 hours.
10.46 a.m. – Block 4: envisaged finishing time 1:05:00 hours–1:40:00 hours.
- 12. Refreshment points:**
4.5k: Strobl
7k: Schwarzenbach
10k.1: After the finishing line, Marktplatz, St. Wolfgang village centre, where you get a finisher bag.
10k.2: Florianigasse in the centre of St. Wolfgang
10k.3: Left side of the "Kaffeewerkstatt"
- 13. Service:** From 7.2k–9.5k the 10k runners have to use the left side of the L 546 street.
So the fast 10k runners have no problems with slowly 5.2k runners.
- 14. Injured – what now?**
If you are only slightly injured, simply return (free of charge) to St. Wolfgang by boat with your start number.
For more serious injuries, doctors and medics will be available.
- 15. Exclusive Finisher's Medal** – these are available immediately after your finish in St. Wolfgang.
Personal engraving (first name, surname, net time) is possible: Expo tent St. Wolfgang (€ 10,- or € 12,-/late registration).
- 16. Massage (for free) – FFP2 mask duty:** Wolfgangsaal, (Pacher-Haus, St. Wolfgang, 1st floor).
- 17. Shoreline Race Award Ceremony:**
2.45 p.m. in the Michael-Pacher-Haus in St. Wolfgang.
3.30 p.m.: Team-Marathon in the Michael-Pacher-Haus in St. Wolfgang.
- 18. All results** are available on the internet at www.wolfgangseelauf.at or www.pentek-timing.at
Results list with statistics and many photos: Available free of charge from the end of November from the three lakeside village Tourist offices in St. Wolfgang, St. Gilgen and Strobl.
This can also be sent on to you for a small payment of € 5,- to cover postage + SAE.
- 19. Personal Certificate** – included in the starting fee: Free download for home printing
at www.wolfgangseelauf.at or www.pentek-timing.at
Click on the certificate icon on the far left side next to your rank, download and print.
- 20. Photo service:** It's easy to order your personal souvenir photos:
Race photos (subject to a fee) via the results list at www.pentek-timing.at (camera icon) or via www.marathon-photos.com
- 21.** The event will be held by the current **corona rules**. Please adhere to all guidelines. Changes are possible.

Thank you for your participation!

*We look forward to seeing you again on 15th October, 2023 at the
51th International Race Around Lake Wolfgangsee – Salzkammergut Marathon (5.2 / 10 / 27 / 42.195k)*

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