



## FAQs

The most important questions and answers  
about the 20<sup>th</sup> Shoreline Race (10k)  
Sunday, 15<sup>th</sup> October, 2023  
4 staggered starts in Gschwendt:  
10.34 a.m. / 10.38 a.m. / 10.42 a.m. / 10.46 a.m.  
[www.wolfgangseelauf.at](http://www.wolfgangseelauf.at)

**Dear Runner!**

**Welcome to the 20<sup>th</sup> Lake Wolfgangsee Shoreline Race, 2023!**

**Please find below the most important information, set out clearly and concisely.**

- 1. For your own good:** Before the race, please fill in your personal medical data on the back of your number.
- 2. Don't forget** – your health is the most important thing – don't risk anything.  
If you are not sure, that you are in a good shape, please visit our Medical Center in St. Wolfgang (for free).  
**Address:** Markt 106, 5360 St. Wolfgang  
**Opening hours:** Saturday, 14<sup>th</sup> October 2023, 2–7 p.m.
- 3.** Please check the official **start list**: entry errors (name, year of birth etc.) can still be corrected.
- 4. Timings:** Pentek timing (net time). 2 UHF-Chips at the backside of your starting number.
  - Fasten your **starting number** on the front of your shirt – fix the number outside, otherwise timekeeping isn't possible.
  - Don't crease your number and don't coat something over your starting number!
  - Do not remove the foam.
- 5.** Come to the welcome evening "**Griß Eich!**" (pasta voucher in your starting package)  
on Saturday, 14<sup>th</sup> October from 6 p.m.–8.30 p.m. in the Michael-Pacher-Haus in St. Wolfgang.
- 6. Arrival to the start:** Use the enclosed voucher for a **boat trip**, included in the starting fee.  
**Best option 1:** We recommend that the 10 km runners leave their cars in the free car parks in Gschwendt, complete the race and return to the car park using the voucher for a boat trip after the event (hourly from 11.37 a.m./Schafbergbahn or 11.50 a.m./St. Wolfgang Markt).  
**Option 2:** Before the race from St. Wolfgang to Gschwendt: You can reach the start in Gschwendt from the Schafbergbahn boat jetty at the following times: 8.50 a.m., 9.05 a.m., 9.22 a.m. and 10.00 a.m. and from St. Wolfgang Markt at 8.55 a.m., 9.00 a.m., 9.32 a.m. and 9.50 a.m..  
**Please note:** The last boat at 9.50 a.m. from the St. Wolfgang Markt jetty, (10.00 a.m. am from St. Wolfgang Schafbergbahn) reaches Gschwendt at 10.10 a.m. which is very tight and **only to be used in emergencies (no transport of clothing)!**
- 7. Women's and Mens' changing facilities and showers 1:** Volksschule St. Wolfgang (primary school).  
Women's and Mens' changing facilities 2: Rathaus St. Wolfgang, rear entrance.  
Women's and Mens' changing facilities 3: Tent in Gschwendt (separate male and female sections), next to the starting area.  
Women's and Mens' showers 2: Camping Appesbach St. Wolfgang (shuttle bus primary school – Appesbach – primary school).
- 8.** Public and mobile **toilets** (for free) – next to the starting area.
- 9.** Fasten your **starting number** on the front of your shirt – fix the number outside, otherwise timekeeping isn't possible.

- 10. Transport of clothing** – only with the officially numbered plastic-clothes bag – no personal sports' bags.  
+ Deposition of 10k clothes bags in Gschwendt starting area before the race starts: 9.30 a.m. until 10.15 a.m..  
+ Return of 10k clothes bags in the lower foyer of the Pacher-Haus St. Wolfgang: 11.00 a.m. until 12.30 p.m..  
+ Option 2: An accompanying person transports your clothes by boat: departing Gschwendt at 10.50 a.m. and 11.40 a.m..
- 11. Starting line-up:** All starters must be behind the start line at 10.20 a.m. at the latest!  
**Four staggered starts for the 10 km race:**  
10.34 a.m. – Block 1: envisaged finishing time 30:00–50:00 minutes.  
10.38 a.m. – Block 2: envisaged finishing time 50:00–60:00 minutes.  
10.42 a.m. – Block 3: envisaged finishing time 60:00 minutes–1:05:00 hours.  
10.46 a.m. – Block 4: envisaged finishing time 1:05:00 hours–1:40:00 hours.
- 12. Refreshment points:**  
4.5k: Strobl  
7k: Schwarzenbach  
10k.1: After the finishing line, Marktplatz, St. Wolfgang village centre, where you get a finisher bag.  
10k.2: Left side of the “Kaffeewerkstatt”
- 13. Service:** From 7.2k–9.5k the 10k runners have to use the left side of the L 546 street.  
So the fast 10k runners have no problems with slowly 5.2k runners.
- 14. Injured – what now?**  
If you are only slightly injured, simply return (free of charge) to St. Wolfgang by boat with your start number.  
For more serious injuries, doctors and medics will be available.
- 15. Exclusive Finisher's Medal** – these are available immediately after your finish in St. Wolfgang.  
Personal engraving (first name, surname, net time) is possible: Expo tent St. Wolfgang (€ 10,- or € 12,-/late registration).
- 16. Massage (for free):** Wolfangsaal, (Pacher-Haus, St. Wolfgang, 1<sup>st</sup> floor).
- 17. Shoreline Race Award Ceremony:**  
2.45 p.m. in the Michael-Pacher-Haus in St. Wolfgang.  
3.30 p.m.: Team-Marathon in the Michael-Pacher-Haus in St. Wolfgang.
- 18. All results** are available on the internet at [www.wolfgangseelauf.at](http://www.wolfgangseelauf.at) or [www.pentek-timing.at](http://www.pentek-timing.at)  
**Results list with statistics and many photos:** Available free of charge from December  
from the three lakeside village Tourist offices in St. Wolfgang, St. Gilgen and Strobl.  
This can also be sent on to you for a small payment of € 5,- to cover postage + SAE.
- 19. Personal Certificate** – included in the starting fee: Free download for home printing  
at [www.wolfgangseelauf.at](http://www.wolfgangseelauf.at) or [www.pentek-timing.at](http://www.pentek-timing.at)  
Click on the certificate icon on the far left side next to your rank, download and print.
- 20. Photo service:** It's easy to order your personal souvenir photos:  
Race photos (subject to a fee) via the results list at [www.pentek-timing.at](http://www.pentek-timing.at) (camera icon) or via [www.marathon-photos.com](http://www.marathon-photos.com)
- 21. Annotation:** Please adhere to all guidelines. Changes are possible.

***Thank you for your participation!***

***We look forward to seeing you again on 19<sup>th</sup>/20<sup>th</sup> October, 2024 at the  
52<sup>nd</sup> International Race Around Lake Wolfgangsee (5.2k / 10k / 27k / 42.195k / Walk the Lake / Junior-Marathon)***

**OK International Race Committee – WSV Strobl – LG St. Wolfgang – Wolfgangsee tourism**  
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