## 52 ${ }^{\text {nd }}$ International Lake Wolfgangsee Race $19^{\text {th }} / 20^{\text {th }}$ October, 2024


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## Austria's No. 1

## adventure and scenic run

Marathon $\quad 27 \mathrm{k}$ Classic Race $\quad$ 10k Shoreline Race $\quad$ 5.2k Panorama Race Junior-Marathon ( $0,2|0,4| 0,8 \mid 1,2 \mathrm{~km}$ ) Walk the Lake $(8,5|14| 18,5 \mid 27 \mathrm{~km})$

## Legendary and intoxicating

## www.wolfgangseelauf.at

WOLFGANGSEE
(GER)


Races - Course

| Date | Starting time | Race | Starting place | Finishing line |
| :--- | :---: | :---: | :---: | :---: |
| Saturday, $19^{\text {th }}$ October, 2024 | 9.00 a.m. | Walk the Lake $(8,5\|14\| 18,5 \mid 27 \mathrm{k})$ | St. Gilgen | St. Gilgen |
|  | $2.00-3.50$ p.m. | Junior-Marathon $(0.2-1.2 \mathrm{k})$ | Strobl | Strobl |
| Sunday, $20^{\text {th }}$ October, 2024 | 9.15 a.m. | Marathon (42.195k) | Bad Ischl | St. Wolfgang |
|  | 10.30 a.m. | 5.2 k Panorama Race | Strobl | St. Wolfgang |
|  | 10.30 a.m. | 27k Classic Race | St. Wolfgang | St. Wolfgang |
|  | 10.34 a.m. | 10k Shoreline Race | Gschwendt | St. Wolfgang |

## Information and registration: www.wolfgangseelauf.at



A wonderful run around the Wolfgangsee.
© skyblue Salzburg

## Dear runner!

We invite you to Austria's greatest scenic race experience which will be held traditionally on the third weekend of October, 2024.
With more than 6,000 entries, we saw big races in the recent years! Stunning scenic sections on delightful paths along the shoreline - between water and rock faces - offering everything a runner's heart desires, and with the six competitions, the Marathon ( 42.195 k ), the 27k Classic, the 10k Shoreline Race, the 5.2 k Panorama Race, the Junior-Marathon and Walk the Lake - there is an appropriate distance for everyone.

## The ultimate Running experience

After its successful debut in 2011, the special challenge of the Marathon is in the programme again. After starting in the Imperial town of Bad Ischl and following a 15 k lead in, it follows the original circular course of the 27 k Classic Lake Wolfgangsee - with the "invigorating" Falkenstein ( 220 m difference in altitude). The participants were unanimous - "A cracking, first class marathon."

The Classic is the 27 k race of course, which took place for the first time 52 years ago (on the $26^{\text {th }}$ October, 1972). With up to 2,000 entrants, it is the competition with the greatest number of participants, but the 10k Shoreline Race and the 5.2k Panorama Race are getting more and more popular - not forgetting the 3 . Walk the Lake ( $8.5 \mathrm{k}|14 \mathrm{k}| 18.5 \mathrm{k} \mid 27 \mathrm{k}$ ) with start and finish in St. Gilgen and the Junior-Marathon, that take place on Saturday ( $19^{\text {th }}$ October, 2024) on the picturesque lake promenade in Strobl, of course!

## A medal for everyone that finishes

The finishing line of all four Sunday competitions is situated in the heart of St. Wolfgang - about 100 m away from the the White Horse Inn. All those who finish, over whatever distance, receive an artistically designed medal. The Lake Wolfgangsee circuit is among the most beautiful running challenges on the European running scene. Why don't you simply enter and enjoy ...

## Participation and registration

Those eligible: Everyone - including those without club membership.
Registration: Online via www.wolfgangseelauf.at up to $17^{\text {th }}$ October, 2024.

| Entry fees | 1.1.-30.4. | 1.5.-30.6. | 1.7.-31.8. | 1.9.-17.10. | Last-minute entries (only, if the race is not sold out) |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Walk the Lake | € 20,- | € 23,- | € 26,- | € 29,- | $€ 32,-19^{\text {th }}$ October: St. Gilgen (7.30 a.m.-8.30 a.m.) |
| Junior-Marathon | € 9,- | € 10,- | € 11,- | € 12,- | $€ 13,-19^{\text {th }}$ October: Strobl (12 noon-3.05 p.m.) |
| 5,2k | € 24,- | € 26,- | € 28,- | € 30,- | $€ 32,-19^{\text {th }}$ October: St. Wolfgang (2 p.m.-7. p.m.) \| $20^{\text {th }}$ October: Strobl (8 a.m. -10 a.m.) |
| 10k | € 29,- | € 32,- | € 35,- | € 38,- | $€ 41,-19^{\text {th }}$ October: St. Wolfgang (2 p.m.-7. p.m.) \| $20^{\text {th }}$ October: Gschwendt (7.30 a.m. -9.30 a.m.) |
| 27k | € 35,- | € 39,- | € 43,- | € 47,- | $€ 51,-19^{\text {th }}$ October: St. Wolfgang (2 p.m.-7. p.m.) \| $20^{\text {th }}$ October: St. Wolfgang (7.30 a.m.-9.30 a.m.) |
| 42,195k | € 55,- | € 60,- | € 65,- | € 70,- | $€ 75,-19^{\text {th }}$ October: St. Wolfgang (2 p.m.-7. p.m.) \| $20^{\text {th }}$ October: Bad Ischl - no last-minute entries |
| Distance | Collection of Starting number |  |  |  |  |
| Walk the Lake | $19^{\text {th }}$ October: St. Gilgen (7.30 a.m. -8.30 a.m.) |  |  |  |  |
| Junior-Marathon | 19 ${ }^{\text {th }}$ October: Strobl (12 noon-3.05 p.m.) |  |  |  |  |
| 5,2k | $19^{\text {th }}$ October: St. Wolfgang (2 p.m.-7. p.m.) \| $20^{\text {th }}$ October: Strobl (8 a.m. -10 a.m.) |  |  |  | ber: Strobl (8 a.m.-10 a.m.) |
| 10k | $19^{\text {th }}$ October: St. Wolfgang (2 p.m.-7. p.m.) \| $20^{\text {th }}$ October: Gschwendt (7.30 a.m. -9.30 a.m.) |  |  |  |  |
| 27k | $19^{\text {th }}$ October: St. Wolfgang (2 p.m.-7. p.m.) \| $20^{\text {th }}$ October: St. Wolfgang (7.30 a.m.-9.30 a.m.) |  |  |  |  |
| 42,195k | $19^{\text {th }}$ October: St. Wolfgang (2 p.m.-7. p.m.) \| $20^{\text {th }}$ October: Bad Ischl (7.30 a.m. -9 a.m.) |  |  |  | ber: Bad Ischl (7.30 a.m.-9 a.m.) |

Please note: On failure to participate, there will be no entitlement to any refund of entry fees. We recommend the reinsurance via Pentek payment.

## Benefits

+ Starting package.
+ Prize for each participant at the Junior-Marathon.
+ Starting number incl. 2 UHF-timing-chips.
+ Lake Wolfgangsee Race magazine (digital).
+ Voucher for Pasta at Saturday's Welcome-Party "Griaß Eich!" with Live-Music (The Breeze).
+ Lake Wolfgangsee Race postcard 2024.
+ Race Expo in St. Wolfgang (Saturday: 2-7 p.m, Sunday: 7.30 p.m.-3 a.m.).
+ Free medical check in St. Wolfgang (Medical Center, Saturday 2-7 p.m.).
+ Free participation in the Team-Marathon if desired ( $5,2+10+27 \mathrm{k}$ ).
+ Free participation in the Wolfgangsee Champion if desired (Schafbergrun and 27k Classic Race).
+ Creche in the Kindergarten in St. Wolfgang (Markt 199) on Sunday from 9 a.m. to 3 p.m..
+ Changing rooms (primary school and Town hall).
+ Free showers (primary school).
+ One boat transfer for 5.2k and 10k runner from St. Wolfgang to Strobl (5.2k) or Gschwendt (10k).
Voucher and timetable in the starting package.
+ One bus transfer for Marathon runner from the Pacher-Haus in St. Wolfgang or bus station Strobl to Bad Ischl. Voucher and timetable in the starting package.
+ One boat transfer for Walk the Lake participants from St. Wolfgang, Strobl, Gschwendt - back to St. Gilgen.
+ Transfer of clothing from the starting places Strobl (5.2k), Gschwendt (10k) and Bad Ischl (42.2k) to St. Wolfgang.
+ Clothing bag retention for the 27k runners (primary school St. Wolfgang).
+ Six Pacemakers: 10k (40|50|60 minutes) and 27k (2:00 | 2:30 | 3:00 hours).
+ Race provisions at 11 refreshment points (on Sunday).
+ Medical attendance from the Red Cross and St. Wolfgang and Strobl's Mountain Rescue Services.
+ Race coverage with police, fire brigade and mountain rescue.
+ Exclusive Race medal for all who finish.
+ Finisher bag: Recheis noodles, Gatorade drink, Gasteiner mineral water, Dr. Böhm magnesium, etc. ...
+ Personal certificates downloadable from the results list.
+ Results list incl. statistics to download from December 2024.


## Starting numbers

| Distance \| Race | Colour | Number | Registration limit |
| :---: | :---: | :---: | :---: |
| 27k Classic | yellow | $1-2500$ | 2,500 |
| 42.195k Marathon | metallic | $3001-3400$ | 400 |
| 10k Shoreline Race | light-blue | $4001-6500$ | 2,500 |
| 5.2k Panorama Race | light-green | $7001-8200$ | 1,200 |
| Junior-Marathon | yellow | $8401-9000$ | 600 |
| Walk the Lake | light-blue | $9001-9800$ | 800 |

- For your own health - please fill in your personal data at the backside of the numbers!


## Refreshment (20 ${ }^{\text {th }}$ October, 2024)

Water, tee, Gatorade sportsdrink, bananas, apples and bread. Race provisions at 11 refreshment points incl. finishing area. For 27 k and 42.2 k there are energy gels at the last two refreshment stops in Strobl and Schwarzenbach. At the finish there is also Zipfer beer (also non-alcoholic).
Please note: Protect the environment and put your empty cups into the green baskets nearby the refreshment points.

| Refreshment point / Race | $5,2 \mathrm{k}$ | 10 k | 27 k Classic | $42,195 \mathrm{k}$ | Toilet | Music / Moderation |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Rega Inn |  |  |  | 6,6 | + |  |
| Schwarzenbach |  |  |  | 12,2 | + |  |
| St. Wolfgang |  |  |  | 15,2 | + |  |
| Ried |  |  | 3,0 | 18,2 |  | + |
| Fürberg |  |  | 6,3 | 21,5 | + | + |
| St. Gilgen |  |  | 9,2 | 24,4 |  | + |
| Gamsjaga Inn |  |  | 13,3 | 28,5 | + | + |
| Gschwendt |  |  | 17,0 | 32,2 | + | + |
| Strobl |  | 4,5 | 21,5 | 36,7 | + | + |
| Schwarzenbach |  | 7 | 24 | 39,2 | + | + |
| St. Wolfgang | 5,2 | 10 | 27 | 42,2 | + |  |



Running is fun here.
© Hörmandinger

## Fit and pleasure package

Would you like to spend a relaxing fitness vacation at Lake Wolfgangsee? Nothing could be easier - our package (October $18^{\text {th }}$ until $20^{\text {th }}$ or $19^{\text {th }}$ until $21^{\text {st }}, 2024$ ) offers an ideal combination of sport and relaxation.

## Included services:

$2 \times$ overnight stays incl. breakfast
$1 \times$ Wolfgangseelauf functional shirt 2024
1 x entry fee (5.2 | 10 | 27 | $42.195 \mathrm{~km} \mid$ Walk)
$1 \times 4$-hour entry to the Wellness Alm, www.wellness-alm.at
Price: from $€ 268$,- per person
Info: +43 (0)6138 / 8003
Booking: https://wolfgangsee.salzkammergut.at/angebote/oesterreich-angebot/detail/1740/fit--genuss-package-zum-wolfgangseelauf.html

## FAQs

The most important information for the respective competition is included in short form on an A4 sheet in each starter bag. Take a look - you won't miss any important information. All information is also available for download at www.wolfgangseelauf.at

## Present someone with fitness!

Are you looking for a sporty gift? No problem! We have the solution and will send you the right entry voucher for every competition on request. With the registration code on the voucher, participation is as easy as can be. A simple telephone call to $+43(0) 6138 / 80$ 03 is enough!

## Gutschein sin whaninumemesuan


www.wolfyangseelauf.at memmunarnussar

## Race T-Shirt ${ }^{2024}$

Exclusive functional running t-shirts with the original $52^{\text {nd }} \operatorname{logo}$ can be ordered when registering online for the special price of $€ 23,-$. The following unisex-sizes are available: XS, S, M, L, XL. The t-shirts can only be collected from the sales stand in the Pacher-Haus in St. Wolfgang on October $19^{\text {th }}$ from 2-7 p.m. and on October $20^{\text {th }}$ from 7.30 a.m. -3 p.m. (a forwarding is impossible).
Only the walkers will get their shirts before starting the walk in St. Gilgen on Saturday.
Please note: Only a limited amount of $t$-shirts is available - an early order guarantees a lasting souvenir of Austria's greatest scenic race-experience.


## Special medals 2024

All finishers of the adult competitions will receive a very special and exclusive medal at the $52^{\text {nd }}$ Int. Wolfgangseerace 2024: this is the antique finisher medal with the portrait of St. Wolfgang, whose $1,100^{\text {th }}$ anniversary is being celebrated this year (924-2024).
The Wolfgangseelauf medals in particular have been highly valued by many runners for decades, as they bear witness to a special achievement - not forgetting the memory of a special running experience in the Salzkammergut. After all, most runners are not allowed to win a glass trophy for the first three places in their class. For them in particular, the personal finisher medal is a proof of achievement of lasting value.
Incidentally, all medals have been produced by the Graz-based precision company "Schwertner" for years. The former managing director Christian Waldherr took part in the Wolfgangsee Run in 2019 together with his wife and daughter.


The special extra 2024: Make the $52^{\text {nd }}$ Int. Wolfgangseelauf 2024 your very own personal running experience. With a personalized engraving on the back of your finisher medal (first and last name, net time) you will have a unique piece - which is only available once in the world - with a special memorable value. Under the motto "A run comes to an end, my time remains", your medal will be personally unique.
Information for all participants in the Sunday running events (including those who have already registered): Engraving is possible on site in all cases. Simply come to the Lauf-Expo at the Pacher-Haus with your finisher medal.
Note: This special offer is only valid for the four main race medals on Sunday for $5.2 \mathrm{k}|10 \mathrm{k}| 27 \mathrm{k}$ and 42.2 k .
Price of the engraving if ordered in advance via online registration: $€ 10,-\mid$ if ordered later (after the run in the Expo tent): $€ 12,-$

Age groups main races, Sunday, 20 ${ }^{\text {th }}$ October, 2024

| Class | Year of birth | 5.2k | 10k | 27k | 42.195k |
| :---: | :---: | :---: | :---: | :---: | :---: |
| W/MU16 | 2009 and younger | x |  |  |  |
| W/MU18 | 2007-2008 | x | x |  |  |
| W/MU20 | 2005-2006 | x | x | x |  |
| W/M20 | $1995-2004$ | x | x | x | x |
| W/M30 | $1990-1994$ | x | x | x | x |
| W/M35 | $1985-1989$ | x | x | x | x |
| W/M40 | $1980-1984$ | x | x | x | x |
| W/M45 | $1975-1979$ | x | x | x | x |
| W/M50 | $1970-1974$ | x | x | x | x |
| W/M55 | $1965-1969$ | x | x | x | x |
| W/M60 | $1960-1964$ | x | x | x | x |
| W/M65 | $1955-1959$ | x | x | x | x |
| W/M70 | $1950-1954$ | x | x | x | x |
| W/M75 | $1945-1949$ | x | x | x | x |
| W/M80 | 1944 and older | x | x | x | x |

## Prizes

## Walk the Lake:

- Exclusive medal with the $1,100^{\text {th }}$ anniversary motif of St. Wolfgang.


## Junior Marathon:

- Instant prize for everyone.
- Finisher's medal with ribbon.
- 60 trophies for ranks 1-3 in each class.
- Three trophies for the largest participating groups.
- Prize draw: children's racing bike ( 24 inch) and a further 20 attractive sports prizes.

Main races (5.2 | 10 | 27 | 42.2 km):

- Exclusive medal with the $1,100^{\text {th }}$ anniversary motif of St. Wolfgang.
- 400 fine trophies for the top 3 in each age group, Salzkammergut classification, Wolfgangsee classification, team marathon, largest teams.
- Porcelain "White horse" for the top 3 of the 27 k classic. A very special trophy awaits the top 3 men and women in the 27 k classic. As a special they will receive the large porcelain "White horse" in recognition of their achievement. Rössl landlady Gudrun Peter also supports this idea. This once again underlines the importance of the 27 k classic "Around Lake Wolfgang", which was held for the first time in 1972. Note: Prizes must be collected in person - forwarding is not possible.
- Prize monies for the fastest 27k Classic Race runner.
- Fine glass medal for all finishers of the " $1{ }^{\text {st }}$ Wolfgangsee Champion 2024": As a special token of appreciation, everyone who 2024 finishes the Schafberglauf and the 27 k classic will receive the elegant Wolfgangsee-Champion glass medal in a case. This is available after the Wolfgangseelauf on October 20,2024 from $2 \mathrm{p} . \mathrm{m}$. until $3 \mathrm{p} . \mathrm{m}$ at the information desk in the basement of the Pacher-Haus (no forwarding). The champion results list and the personal champion certificate with the individual times and the total time are available via Wolfgangseelauf results list for download.



## Timing - Certificates - Results

Pentek timing with two UHF timing chips

- All events (incl. Walk the Lake and Junior Marathon) are timed with two Pentek UHF timing chips, which are integrated on the back of each race number. The two timing chips are protected by foam. Please do not remove, bend or damage this foam! Important: The race number MUST be worn (even in bad weather) on the outermost layer of clothing (do not wear a running jacket over it) - otherwise there will be no timekeeping!
- The UHF timing chips are a great relief for thousands of participants, as there is no need to buy a rental chip and nothing to return.
- All results (including certificates for free download) and low-cost photo download are available at www.wolfgangseelauf.at
- The current results list with an informative statistics section will be available for download from December 2024 at www.wolfgangseelauf.at


## Timing mats

At the 27 k (St. Wolfgang) and 10k (Gschwendt) starting points, as well as the start of the Marathon in Bad Ischl and the 5.2 k Panorama Race start in Strobl and Walk the Lake in St. Gilgen, time measuring mats are in operation. Using these, all main race runners ( $5.2 \mathrm{k}|10 \mathrm{k}| 27 \mathrm{k} \mid 42.195 \mathrm{k}$ ) can be timed from the start gun and be timed personally from the time they cross the start line. A split time in St. Wolfgang, St. Gilgen, Gschwendt and Strobl is an added service (for 10k, 27k and 42.195k).

## Block starts

Because of the growing number of runners in the Panorama, Shoreline and Classic Race, block starts will be offered over the 27 k , 10 k and 5.2 k Races. With three or four block starts (10k) you have a less stressful start procedure - so all participants have the best possible conditions. We request the following starting line-up:

| Starting time | 5.2 k finishing time | 10 k finishing time | 27 k finishing time |
| :---: | :---: | :---: | :---: |
| $\mathbf{1 0 . 3 0}$ a.m. | $15: 00-27: 30$ | x | $1: 25: 00-2: 15: 00$ |
| $\mathbf{1 0 . 3 4}$ a.m. | $27: 30-35: 00$ | $30: 00-50: 00$ | $2: 15: 00-2: 45: 00$ |
| $\mathbf{1 0 . 3 8}$ a.m. | $35: 00-60: 00$ | $50: 00-1: 00: 00$ | $2: 45: 00-4: 00: 00$ |
| $\mathbf{1 0 . 4 2}$ a.m. | x | $1: 00: 00-1: 05: 00$ | x |
| $\mathbf{1 0 . 4 6}$ a.m. | x | $1: 05: 00-1: 40: 00$ | x |

Please note:

- The front starting rows are reserved for the fast runners (5.2k: 15:00-20:00 min. / 10k: 30:00-40:00 min. / 27k: 1:25:00-2:00:00).
- We ask each 27 k runner, to please take care when overtaken by marathon runners and to keep right, leaving a lane free on the left (Lake Wolfgangsee) for them - THANK YOU!


## Pacemaker

Use our special service to beat your goals. Six pacemakers will help you to run personal best!

| Pacemaker | 10k finishing time | 27k finishing time |
| :---: | :---: | :---: |
| 1 | $39: 59$ | $1: 59: 59$ |
| 2 | $49: 59$ | $2: 29: 59$ |
| 3 | $59: 59$ | $2: 59: 59$ |

Maximum race duration and closing of finishing line

| Place \\| Race | 27 k | 42.195 k | Time |
| :---: | :---: | :---: | :---: |
| Fürberg | 6.3 | 21.5 | 12.20 p.m. |
| St. Gilgen | 9.2 | 24.4 | 12.45 p.m. |
| Gschwendt | 17.0 | 32.2 | 2.00 p.m. |
| Strobl | 21.5 | 36.7 | 2.40 p.m. |
| St. Wolfgang | 27 | 42.195 | 3.30 p.m. |

Please understand, that if you overrun the specified race times, you must discontinue your running, because there will be traffic on the roads. A free return trip by boat is available from Fürberg, St. Gilgen, Gschwendt and Strobl on production of your start number. This applies also to minor injuries, which make any further participation impossible.

## Parking

St. Wolfgang: Car parks and parking garage (not free).
St. Gilgen: Car parks (not free).
Gschwendt: Area around the 10k Shoreline Race start (free).
Strobl: Public car park in Strobl (free).
Bad Ischl: Public car parks (free) and underground car park (not free).

## Massages

The dedicated massage team around Roswitha Houdek from Bad Goisern will revive tired legs again this year. When and where? On Sunday, from 11 a.m. to 4 p.m. in the Wolfgangsaal on the 1st floor of the Pacher-Haus (entrance via the rear exit of the Expo tent).

## Medical Center

Don't forget - your health is the most important thing - don't risk anything. If you are not sure, that you are in a good shape, please visit our Medical Center (it's free for all participants). Adress: Markt 106, 5360 St. Wolfgang Opening hours: 19th October 2024, 2-7 p.m.


Key St. Wolfgang:
1 Michael-Pacher-Haus:
Basement: Registration office and distribution location of starting documentation; 10k race clothing return.
Ground floor: Griaß Eich! (Meet and Greet); award ceremonies, T-Shirt collection.

## $1^{\text {st }}$ floor (Wolfgangsaal): Massage

Pfarrplatz: Race Expo - product information and on other racing events.
Outside: Departure point of the Marathon-bus to Bad Ischl; children's meeting point for creche.
2 Multi-storey car park: Parking (limited) and toilets I.
3 Town hall rear entrance: Changing rooms + toilets II.
4 Primary school: Women's and men's changing rooms and showers + toilets III; Clothing bag retention for the 27k runners
5 Ferry stop "Markt": Departure for 5.2k and 10k starts.
6 Ferry stop "Schafbergbahn": Departure for 5.2k and 10k starts + WCs IV.
7 Market Square: Start of the 27k Classic Race, finishing line (5.2 / 10 / 27 / 42.195k).
8 Florianigasse: Marathon passageway and marathon refreshment point.
9 Parish car park: Refreshment point after your finish.
10 Pfarrsaal (parish hall): Race clothing return for 5.2 k and 42.195k.
11 Surgery Dr. Leifer-Lepic/Dr. Krupitz (Markt 106): Medical Center
12 Kindergarten (Markt 99): child care


## Key St. Gilgen on Saturday (only for Walk the Lake):

1 Parking spot Mondseestraße 19, 5340 St. Gilgen
2 Restaurant Brunnwind (Mondseestraße 12, 5340 St. Gilgen):
Start and finish Walk the Lake, Distribution of starting packages and last-minute entries, Changing room, showers, toilets
6 Ferry stop "St. Gilgen": Final stop Walk the Lake (8.5k | 14k \| 18.5k)
Key St. Gilgen on Sunday (27k | 42,2 k):
3 International school: Live music
4 Mozarthaus: Refreshing point
5 Lake park: Race presentation


Key Gschwendt (only on Sunday):
1 Parking 10k Shoreline Race and visitors (10, 27, 42,195k)
2 Ferry stop "Gschwendt" (10k participants and visitors)
5 Truck: clothing-bags delivery 10k
6 Starting place 10k
3 Tent: 10k Last-minute entries and collection of Starting numbers, women's and men's changing 7 Refreshing point ( $27+42,195 \mathrm{k}$ )
4 Toilets


## Key Strobl:

1 Music pavilion on Saturday: Registration office and distribution location of starting documentation and changing room for Junior-Marathon. Music pavilion on Saturday: Award ceremonies (Junior-Marathon) - if the weather is fine.
Tourism office on Sunday: Last-minute entries and collection of Starting numbers and starting place (5.2k).
Reading hall (Lesesaal) on Sunday: Changing room (5.2k).
Toilets
2 Secondary school (Mittelschule) on Saturday: Showers and award ceremonies (Junior-Marathon) - if the weather is not fine.
3 Promenade on Saturday: Start- and finishing line (Junior-Marathon).


## Key Bad Ischl (only on Sunday):

1 Trinkhalle: Distribution location of starting documentation (only for the Marathon), changing rooms, toilets and Marathon start No last-minute Marathon entries on Sunday!

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## Runner transport by boat (5.2k and 10k):

In cooperation with the Lake Wolfgangsee Boat Company, a special service is offered on the $20^{\text {th }}$ October, 2024 for the $52^{\text {nd }}$ International Lake Wolfgangsee Race (5.2k Panorama Race- and 10k Shoreline Race). All Panorama Race and Shoreline Race participants receive a voucher (in your starting package) for a picturesque and relaxing boat trip to Strobl ( 5.2 k starting place) or to Gschwendt (10k starting place). Those accompanying runners can also use the boat service of course, (as far as capacity allows) at the official tarif.

- Runners can use the voucher found in the starting package either before the race (if you park in St. Wolfgang) or after the race (if you park free-of-charge in the starting places of Strobl oder Gschwendt).
Best variant 1: Because parking in St. Wolfgang on race day is always extremely scarce, we advise those runners participating in the 5.2 k and 10 k Races, to leave their vehicles at the free-of-charge car parks in Strobl or Gschwendt, compete in the race and then, after the event, return to the car park using the free boat trip.

There are two places to board boats in St. Wolfgang before or after the races - the Schafberg cog railway jetty (Schiffsanlegestelle Schafbergbahn) or at the jetty called „Markt".

Variant 2: Use one of the first three boats to give yourself enough time to prepare unhurriedly for your 5.2k or 10k Race.
Before the race from St. Wolfgang to Strobl ( 5.2 k Starting place) und Gschwendt ( 10 k Starting place):

| Station \| Boat | 1 | 2 | 3 | 4 | 5 |
| :--- | :---: | :---: | :---: | :---: | :---: |
| St. Wolfgang Schafbergbahn cog railway jetty | 8.25 a.m. | 8.50 a.m. | 9.05 a.m. | 9.22 a.m. | 10.00 a.m. |
| St. Wolfgang Markt (27k Starting place and Finish of all races) | 1 | 9.00 a.m. | 8.55 a.m. | 9.32 a.m. | 09.50 a.m. |
| Gschwendt (10k Starting place) | $\mid$ | 9.10 a.m. | 9.15 a.m. | 9.45 a.m. | 10.10 a.m. |
| Strobl (5.2k Starting place) | 8.40 a.m. | 9.25 a.m. | 9.30 a.m. | 10.00 a.m. | 10.25 a.m. |

Please note: • The first boat (at 8.25 a.m.) is only for 5.2 k -runners and it doesn't stop in St. Wolfgang Markt and Gschwendt.

- Furthermore, boat 5 at 9.50 a.m. is only for very late arrivals for the 5.2 and 10k Race - no garment bag service!

If you choose to collect your starting package for the 5.2 k or 10 k Race on $20^{\text {th }}$ October, 2024 in Strobl or Gschwendt and/or you want to make a last-minute entry (only, if the race ist not booked out), please note the following time schedule:
Sunday, 8.00-10.00 a.m.: 5.2k Number collection and 5.2k last-minute entries in the Tourist Office in Strobl
No 5.2k Number collection or 5.2 k last-minute entries in St. Wolfgang on Sunday!
Sunday, 7.30-9.30 a.m.: 10k Number collection and 10k last-minute entries at the start in Gschwendt.
No 10k Number collection or 10k last-minute entries in St. Wolfgang on Sunday!
Tip 3: We have organised the schedule so you have ample time to recuperate after the race and attend your respective award ceremony ( 2 p.m.: 5.2 k | 2.45 p.m.: 10k | 3.30 p.m.: Team-Marathon | 3.45 p.m.: $27 \mathrm{k} \mid 4.45$ p.m.: 42.195 k ).

+ After the race on $20^{\text {th }}$ October, 2024, boats will sail from St. Wolfgang Markt jetty to Gschwendt and Strobl.
Times -11.50 a.m. | 12.35 p.m. | 12.50 p.m. | 1.35 p.m. | 1.50 p.m. | 2.50 p.m. | 3.50 p.m. | 4.50 p.m. | 5.50 p.m.
+ You can also board the same boats for the trip to Gschwendt and Strobl after the Lake Wolfgangsee Race and/or the award ceremonies at the Schafbergbahnhof (Schafberg cog railway boat jetty) earlier at 11.37 a.m. | 12.25 p.m. | 12.37 p.m. | 1.25 p.m. | 1.37 p.m. | 2.37 p.m. | 3.37 p.m. | 4.37 p.m. | 5.37 p.m.

Runner transport by bus $(42,195 k)$ :
Option 1: We recommend, you leave your car in Bad Ischl and return after the marathon with the bus from St. Wolfgang.
Option 2: Marathon runners can use the bus service between the Michael Pacher-Haus in St. Wolfgang (or the bus terminal Strobl) and the Marathon start in Bad Ischl before or after the race. This single trip is included in your registration fee. The voucher for the bus journey between St. Wolfgang (or Strobl) and Bad Ischl and a timetable can be found in your starting package.
Please note: The last bus is waiting for the visitors of the Marathon winners ceremony.

| Timetable Marathonbus | 1 | 2 | 3 | 4 | 5 | 6 |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| Michael Pacher-Haus St. Wolfgang | 8.00 a.m. | 1.30 p.m. | 2.30 p.m. | 3.30 p.m. | 4.30 p.m. | 5.30 p.m. |
| Bus terminal Strobl | 8.05 a.m. | 1.35 p.m. | 2.35 p.m. | 3.35 p.m. | 4.35 p.m. | 5.35 p.m. |
| Bad Ischl (Starting place $42.195 k$ ) | 8.20 a.m. | 1.50 p.m. | 2.50 p.m. | 3.50 p.m. | 4.50 p.m. | 5.50 p.m. |

## Spectator transport

The Lake Wolfgangsee ferry boat service is also an excellent method of transport for spectators and those accompanying runners. All key areas of the races can be comfortably reached by boat - whether you want to follow the race in Ried, Fürberg, St. Gilgen Gschwendt, Strobl or in St. Wolfgang!
Further details on all boat timetables (for runners and spectators): www.wolfgangseeelauf.at and www.wolfgangseeschifffahrt.at

## Transport of clothing and retention

... only available in the official, numbered plastic bag (not in personal sports bags).

| Race | Handing in of clothes bags | Clothes bags retrieval in St. Wolfgang |
| :---: | :---: | :---: |
| Walk the Lake \| Saturday | x | x |
| Junior-Marathon \| Saturday | x | x |
| 5.2k Panorama Race \| Sunday | $9.30-10.15$ a.m. <br> (Starting area, Strobl) | 10.45 a.m.-12 noon <br> (church hall) |
| 10k Shoreline Race \| Sunday | $9.30-10.15$ a.m. <br> (Starting area, Gschwendt) | 11.00 a.m.-12.30 p.m <br> (Pacher-Haus / basement) |
| 27k Classic Race \| Sunday | $9.30-10.15$ a.m. <br> (Primary school, St. Wolfgang, 1 ${ }^{\text {st }}$ floor) | 12 noon-3.00 p. m. <br> (Primary school, St. Wolfgang, 1 ${ }^{\text {st }}$ floor) |
| Marathon \| Sunday | $8.30-9.00$ a.m <br> (Starting area, Bad Ischl) | 12 noon-3.45 p.m. <br> (church hall) |

Changing facilities and showers

| Race | Changing facilities Women and men | Showers Women and Men |
| :---: | :---: | :---: |
| Walk the Lake \| Saturday | Restaurant Brunnwind St. Gilgen | Restaurant Brunnwind St. Gilgen |
| Junior-Marathon \| Saturday | Council reading rooms <br> (1 $1^{\text {st }}$ floor), Strobl | Secondary school Strobl |
| 5.2k Panorama Race \| Sunday | Council reading rooms <br> (1 $\mathbf{1}^{\text {f }}$ floor), Strobl | Primary school St. Wolfgang |
| $\mathbf{1 0 k}$ Shoreline Race \| Sunday | Tent <br> Starting area, Gschwendt | Primary school St. Wolfgang |
| $\mathbf{2 7 k}$ Classic Race \| Sunday | Primary school and <br> Local administrative office St. Wolfgang | Primary school St. Wolfgang |
| Marathon \| Sunday | Trinkhalle Bad Ischl | Primary school St. Wolfgang |

## Meet and greet "Griaß Eich!"

Just as the racers on Lake Wolfgangsee are reinvigorated, our young team will bring in a breath of fresh air with their new ideas. On the evening before the race they are putting on a welcome pasta party in the Michael-Pacher-Haus and are actively involved in the kitchen. On Saturday from 6 p.m. to 8.30 p.m., race participants can get a spaghetti bolognese with the voucher contained in their start package, subject to availability. The $52^{\text {nd }}$ International Lake Wolfgangsee Race 2024 will begin with the big party with live music (The Breeze); pictures from the past 51 races; timely tips and information concerning the race weekend and awards for runners.

Please do not - for safety reasons we ask ...
... to refrain from wearing headphones or similar technical products!
... not to bring dogs on the run!
... not to use walking sticks on the Sunday runs! That's why the "Walk the Lake" was added to the program.

## Course records

| Race | Men | Women |
| :---: | :---: | :---: |
| 5.2k | 16:11 Tobias Rattinger (AUT),*1997 \| 2022 | 19:18 Julia Lettl (GER), *1995 \| 2010 <br> 19:18 Anna Baumgartner (AUT), *2001 \| 2014 |
| 10k | 30:44 Peter Herzog (AUT), *1987 \| 2016 | 35:59 Eva Trost (GER), *1968 \| 2005 |
| 27k | 1:26:10 Hosea Tuei (KEN), *1987 \| 2012 | 1:40:38 Helena Barocsi (HUN), *1966 \| 1990 |
| 42.195k | 2:41:40 Florian Neuschwander (GER), *1981 \| 2019 | 3:13:50 Dr. Veronika Limberger (AUT), *1986 \| 2014 |

## Special scores

This year we have six special scores, all of which are free of charge, as an extra service in 2024!

## - Team-Marathon

Threesome-Team Competition for families, friends, firms, institutions and associations. In 2009, through the adding together of three course distances, ( $5.2+10+27 \mathrm{k}=42.2 \mathrm{k})$ a new and exciting competition was created. Often called "the speedy three", this race is run over the total Marathon distance of 42.2 k . When run in this manner, the Marathon, acknowledged as the most prestigious race of all long-distance challenges, is a really special experience, even for Lake Wolfgangsee race regulars. Your additional registration for the Team-Marathon is a special service provided by the promoter, and therefore free of charge. If you wish to take part in the Lake Wolfgangsee Team-Marathon as a threesome, you can use your individual performance (5.2k, 10k or 27 k ) towards a combined Marathon team time.

- Three specified entrants form a Team, one entry for each of the three races, together equalling the classic Marathon distance.
- The total of the three single times adds up to your Marathon Team time.
- Three classes are invited (women, men, mixed; without age classification).
- Each team member of the top 3 Teams (women, men, mixed) receives a Lake Wolfgangsee Team Marathon Glass trophy.
- The participants of the Team-Marathon will also, of course, be ranked in their selected race and, if applicable, in the Salzkammergut and Lake Wolfgangsee-Trophies within the 27k Classic Race too.
- The additional registration for the threesome Team-Marathon is only valid when the following points are observed:
+ Common Team name.
+ All three participants ( $5.2 \mathrm{k}+10 \mathrm{k}+27 \mathrm{k}$ ) have to click "yes" for the Team Marathon, when registering.


## - $1^{\text {st }}$ Wolfgangsee Champion:

A new and exciting challenge awaits "seasoned" runners in 2024: The $1^{\text {st }}$ Wolfgangsee Champion 2024 includes the $24^{\text {th }}$ Schafberglauf on May $25^{\text {th }}$ ( $7.2 \mathrm{k} \mid 1,188$ meters in altitude) and the $52^{\text {nd }} \operatorname{Int}$. 27 k classic race on October $20^{\text {th }}$. No separate registration is required for the "Wolfgangsee-Champion" - participation is free and a special service provided by the organizers. When you register for the Schafberglauf (maximum 300 entries), you are automatically registered for the Wolfgangsee Champion. There is an overall ranking for men and women (without age groups).
As a special appreciation, everyone who finishes both races will receive the noble Wolfgangsee Champion glass medal in a case. This can be collected from the information desk in the basement of the Pacher-Haus after the Wolfgangsee Run on October $20^{\text {th }}, 2024$ from 2 p.m. to 3 p.m. (no forwarding). The champion results list and the personal champion certificate with the individual times and the overall time can be downloaded via the Wolfgangseelauf results list.
Information and registration: www.schafberglauf.at, www.wolfgangseelauf.at

## - Salzkammergut trophies (27k)

Those eligible are people who have their main residence in a parish within the tourist region of the Salzkammergut (Upper Austria, Salzburg, Styria) or who are registered with a running association in places with the Postcodes. There will be one trophy for men and one for women regardless of their age groups. Trophies will be awarded to the men and women coming first, second and third.
Please note: Only those who clicked "yes" on the internet, will be included.
Following Main residence Postcodes are allowed for taking part at the Salzkammergut Trophy: 4643, 4644, 4645, 4653, 4654, 4655, 4656, 4662, 4663, 4664, 4690, 4694, 4801, 4802, 4810, 4812, 4813, 4814, 4815, 4816, 4817, 4819, 4820, 4821, 4822, 4824, 4829, 4830, 4831, 4840, 4850, 4851, 4852, 4853, 4854, 4861, 4863, 4864, 4865, 4866, 4870, 4872, 4880, 4881, 4882, 4890, 4893, 4894, $5303,5310,5311,5321,5322,5323,5324,5330,5340,5342,5350,5351,5360,8982,8983,8984,8990,8992,8993$.

## - Lake Wolfgangsee trophies (27k)

Those eligible are people who have their main residence in the neighbouring parishes of Lake Wolfgangsee or who are registered with a running association in places with the Postcodes 5340, 5342,5350, 5351 or 5360 . There will be one trophy for men and one for women regardless of their age groups. Trophies will be awarded to the men and women coming first, second and third.
Please note: Only those who clicked "yes" on the internet, will be included.

## - Group ranking for Sunday runs:

The three largest groups (clubs, companies, etc.) receive trophies. Scoring according to entries - starters - finishers. Important: Uniform spelling.

## - Junior marathon group classification:

The three largest groups (clubs, companies, etc.) receive trophies. Classification according to entries - starters - finishers. Important: Uniform spelling.

## Six races - one legendary atmosphere

## $13^{\text {th }}$ Marathon (42,2k) | Sunday, October 20 ${ }^{\text {th }}, 2024$

A scenic Marathon to enjoy! After the great success of the Marathon from 2011-2023, this unique challenge over the classic 42.195 k distance is in the Lake Wolfgangsee race programme again. A special marathon, and scenic experience, awaits all entrants. The Marathon starts in the centre of the Imperial town of Bad Ischl in front of the "Trinkhalle" building.

The course leads through Pfandl, Wirling (refreshment point) to the Bürglstein guesthouse and then joins the original course of the 27 k Classic before continuing on through St. Wolfgang (refreshment point). Between kms 18 and 21 the special challenge of the Falkenstein cliff awaits, over which the runners climb to 220 m before coming back down again. Stunning scenic sections on delightful paths along the shoreline, between water and rock faces, offer everything the runner's heart desires and, after passing through St. Gilgen, Gschwendt and Strobl, the Marathon heads towards the finishing line in St. Wolfgang. The participants were unanimous - „A cracking, first class marathon."

Please note: During the first part of the marathon (until the Bürglstein guesthouse), the course is only partly closed to other road users. Therefore the highway code is to be followed. If the highway code is not adhered to, the race organiser undertakes no responsibility for any accidents! Race marshals will be placed at important points. Limit: $\mathbf{4 0 0}$ registrations


The marathon will start directly in front of the Trinkhalle in Bad Ischl, the European Capital of Culture 2024.
Elevation profile 13. Marathon (total ascents: $\mathbf{4 1 7 m}$ | total descents: $\mathbf{3 3 5 m}$ ):


## $52^{\text {nd }}$ Int. Classic Race (27k) | Sunday, October 20 ${ }^{\text {th }}, 2024$

Since its debut, 52 years ago on the $26^{\text {th }}$ October, 1972, the Lake Wolfgangsee Race has counted as one of the most scenic and most loved races in Europe. More than 70,000 runners have taken part in this special race which connects the provinces of Upper Austria and Salzburg. With its beautiful scenic sections, along the shore between the water and rock faces, and its delightful pathways, this race offers everything the runner's heart desires. The 27 k Classic Race is the largest competition of the whole event.

For many runners, the 27 k long Lake Wolfgangsee Race constitutes the ultimate challenge - almost comparable to a Marathon. Although "only" measuring $64 \%$ of the classic Marathon distance of 42.195 k , the "invigorating" Falkenstein, (a 220m-high "hill" between 3 and 6 k ) certainly contributes to this demanding race and is the special challenge that makes the Lake Wolfgangsee Race unique. The goal of making it once around Lake Wolfgangsee has a special appeal to thousands of runners. Top-class runners take less than 90 minutes. Running enthusiasts and those who run as a hobby take between two and four hours. At the finishing line in St. Wolfgang, just 100m away from the "Weissen Rössl" (White Horse Inn), everyone who accomplishes this challenge is a winner and, for most people, the artistically designed 27 k Finisher's medal is particularly special!


The 27k classic race combines everything that makes the Wolfgangsee Run so special.
© WTG
On the $20^{\text {th }}$ October, 2024, Austria's greatest scenic race experience takes place for the $52^{\text {nd }}$ time. Once again each participant is in for a real running treat as autumn's golden hues settle over Lake Wolfgangsee elevating this special sporting experience to a natural wonder.

The race around Lake Wolfgangsee is, of course, attractive athletically but it also has cultural appeal. When running on the oldest pilgrimage route in Europe, various pre-christian places of worship can be seen on the ascent to the Falkenstein church. On the top of the Falkenstein mountain there was once a Celtic place of ritual and sacrifice where, in 976 AD St. Wolfgang, the man of legend and founder of the town, lived as a recluse. To succeed in running once around Lake Wolfgangsee is therefore something very special. Limit: 2,500 registrations

Elevation profile 27k Classic Race (total ascents: 295m | total descents: 295m):


## 21. Shoreline Race (10k) | Sunday, October 20th, 2024

If there were such a thing as a classic distance for an amateur "Enthusiasts race", the ideal distance favoured by millions of runners worldwide, would be 10k. Since 2003, this distance has been included in the International Lake Wolfgangsee race programme as the „10k Shoreline Race".

The start of the 10k Shoreline Race is located at the Schiffsstation (boat jetty) in Gschwendt in Abersee - just under a hundred metres away as the crow flies from the 27 k start in St. Wolfgang (admittedly on the opposite shore!). The start of the Shoreline Race takes place on the $20^{\text {th }}$ October, 2024 at 10.34 a.m. (group 1), 10.38 a.m. (group 2) and $10.42 \mathrm{a} . \mathrm{m}$. (group 3) and $10.46 \mathrm{a} . \mathrm{m}$. (group 4). On the way to the finishing line the runner passes through a wonderful area of natural beauty which is, in the main, on flat terrain along the shoreline of Lake Wolfgangsee. At 4.5k, the run passes through the spectator-lined streets of Strobl before tackling one or two light ascents on the last kilometres into St. Wolfgang.

On the finishing line in St. Wolfgang everyone, whether first or last, is enthusiastically encouraged by the moderator and the many spectators. Of course, all finishers receive the artistically designed Race medal. Limit: $\mathbf{2 , 5 0 0}$ registrations


For many runners, the 10k Shoreline Race is simply the perfect choice.
© Markus Eisl

Elevation profile 10k Shoreline Race (total ascents: $\mathbf{3 4 m}$ | total descents: $\mathbf{2 8 m}$ ):


Tip: Book your accommodation early! The running weekend is always fully booked. Info: wolfgangsee.at

## 19. Panorama Race (5.2k) | Sunday, October 20 ${ }^{\text {th }}, 2024$

At 5.2k, the Lake Wolfgangsee Panorama Race is the ideal competition for beginners, or a fitting event for all, who wish to enjoy the special atmosphere the Lake Wolfgangsee race offers, but who prefer to run a shorter distance. The start of the Panorama Race takes place on the $20^{\text {th }}$ October, 2024 at 10.30 a.m. (group 1), 10.34 a.m. (group 2) and 10.38 a.m. (group 3) from the Dorfplatz (Village Square) in the centre of the Salzburg parish of Strobl at the eastern end of Lake Wolfgangsee.

Especially scenic just after the start, is a delightfully picturesque and lightly rolling section called the Bürglstein-Promenade, on which the border into Upper Austria is crossed. Whilst on this picture-book section, the race passes over a wooden walkway only two meters above the turquoise waters of Lake Wolfgangsee, with the striking rock formation known as the Bürglstein on your right and Lake Wolfgangsee stretching out into the distance to your left. Then, undulating terrain follows as the race progresses towards the finishing line in St. Wolfgang.

In the programme since 2005, this event, the 5.2 k long Panorama Race, is enjoyed mainly on a personal level, because of its scenic beauty - with any thoughts of competition seemingly less important! Limit: 1,200 registrations


The 5.2k Panorama Race is one of the most beautiful things the Wolfgangsee Run has to offer.
© DI Horst von Bohlen

Elevation profile 5.2k Panorama Race (total ascents: 61m | total descents: 55m):

$15^{\text {th }}$ Junior-Marathon (0,2k | 0,4k | 0,8k |1,2k) | Saturday, October 19 ${ }^{\text {th }}, 2024$
As a prelude to the $52^{\text {nd }}$ International Lake Wolfgangsee Race", on Saturday $19^{\text {th }}$ October, 2024 from 2 p.m. the juniors are on their starting blocks once again this year - on the picturesque Lake-Promenade in the centre of Strobl. As the slogan „Running is Fun" suggests, it's not the performance that counts, it's the enjoyment. Participants in this age group (2011 and younger i. e. maximum 13 years old) run 200-1,200m.

We invite families, kindergartens and schools to this relaxed test of talent! Every participant that reaches the finishing line receives a lovely souvenir medal and an immediate prize. For all participants (no matter how fast) there will be a raffle for some great prizes the main one being a road bike ( 24 inch).

The collection of numbers and late registration are both possible from 12 noon up to 45 minutes before the respective start at the Music pavilion in Strobl. Each age group from W/M4 to W/M13 will be individually classified (females and males)! The first three of each class will win one of 60 trophies! Each participant can download and print a personal certificate via the results list on the website www.wolfgangseelauf.at

2024 again: The three biggest participating groups will win a trophy.

## Limit: 600 registrations

Total ascents: 0 m | total descents: 0 m


The Wolfgangsee Junior Marathon never fails to inspire children, parents and grandparents alike.
© Hörmandinger

Timetable Junior-Marathon, Saturday, 19 ${ }^{\text {th }}$ October, 2024

| Starting time | Class | Year of birth | Distance |
| :---: | :---: | :---: | :---: |
| 2.00 p.m. | W4 | 2020 and younger | 200 m |
| 2.05 p.m. | M4 | 2020 and younger | 200 m |
| 2.10 p.m. | W5 | 2019 | 200 m |
| 2.15 p.m. | M5 | 2019 | 200 m |
| 2.20 p.m. | W6 | 2018 | 400 m |
| 2.30 p.m. | M6 | 2018 | 400 m |
| 2.40 p.m. | W7 | 2017 | 400 m |
| 2.50 p.m. | M7 | 2017 | 400 m |
| 3.00 p.m. | W8 | 2016 | 800 m |
| 3.05 p.m. | M8 | 2016 | 800 m |
| 3.10 p.m. | W9 | 2015 | 800 m |
| 3.15 p.m. | M9 | 2015 | 800 m |
| 3.20 p.m. | W10 \| W11 | $2014 \mid 2013$ | $1,200 \mathrm{~m}$ |
| 3.30 p.m. | M10 \| M11 | $2014 \mid 2013$ | $1,200 \mathrm{~m}$ |
| 3.40 p.m. | $\mathrm{W} 12 \mid \mathrm{W} 13$ | $2012 \mid 2011$ | $1,200 \mathrm{~m}$ |
| 3.50 p.m. | M12 \| M13 | $2012 \mid 2011$ | $1,200 \mathrm{~m}$ |

## Walk the Lake (8,5k | 14 k | 18,5k | 27k) | Saturday, October 19th, 2024

This year, for the third time, the "Walk the Lake" competition marks the start of the 52 ${ }^{\text {nd }}$ Lake Wolfgangsee Race. By doing so, we go back to the event's roots - the Lake Wolfgangsee Race originates from the IVV-Volkswandertagen (mass hiking tours). For the "Walk the Lake", with its start and finish at the Restaurant "Brunnwind" in St. Gilgen, the entry hurdle is set very low purposely - timing is completely trivial. You can choose between four distances: 8,5k (St. Gilgen - St. Wolfgang) | 14k (St. Gilgen - Strobl) | 18,5k (St. Gilgen - Gschwendt) | 27 k (St. Gilgen - St. Gilgen). If you choose one of the three short distances, the ship will bring you back to St. Gilgen (your starting number is your ticket). Although time will be kept by chips, there will neither be a rating nor refreshment points. Every finisher will receive a medal and a personalized certificate to download. An alphabetical ranking can be downloaded as well. The organizers intend to specifically approach health-conscious contestants, whose main goal is to enjoy themselves while moving their body and soaking up the wonderful scenery of the Salzkammergut. Organizer Franz Sperrer: "The (Nordic) walker start on Saturday at 9 a.m. in St. Gilgen. For lunch or a quick refreshment, we suggest stopping at local restaurants or cafes along the way. One should enjoy the scenery and nature surrounding the Lake Wolfgang and return to St. Gilgen relaxed and proud." Limit: $\mathbf{8 0 0}$ registrations


What a beautiful scenery at the start- and finishing point in St. Gilgen.
WTG - Savel | WTG - airpix.at

## Key information

## 3. Walk the Lake

Date: Saturday, $19^{\text {th }}$ October, 2024
Start and finish: Restaurant Brunnwind, Mondseestraße 12, 5340 St. Gilgen.
Distances: 8,5k | 14k | 18,5k | 27k.
Varying ground, wonderful views, one competition, two federal states (Upper Austria and Salzburg), unique route.
Starting time: 9 a.m.
End of official timing: 5 p.m.
Timing: Timing will be kept by two Pentek-UHF-chips which will be attached to the back of your start number. Please do not remove the adhesive tape! For timing to be kept faultlessly, the starting number must be worn on the outermost garment.
Please note: No time ranking and no refreshment points - but timing for one's own interest, a medal, alphabetical ranking, and a personalized certificate to download including name and racetime.
Parking: Paid parking in St. Gilgen (Mondseestraße 19, 5340 St. Gilgen).
Changing room and shower: Restaurant Brunnwind St. Gilgen.

Elevation profile Walk the Lake (27k; total ascents: 295m | total descents: 295m):


## History Lake Wolfgangsee Race 1972-2023

27k Classic Race

| Date \| Race No. Winner Men | Time | Winner Women | Time | Registrat | Nations |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 26. 10.1972 \| 1 Franz Zimmermann (AUT) | 2:19:00 |  |  | 13 | 1 |
| 26.10.1973 2 2 W. Aigner (AUT) \& A. Pichler (AUT) | 1:47:40 |  |  | 18 | 1 |
| 13.10.1974 \| 3 Dkfm. Georg Förster (AUT) | 1:37:38 |  |  | 65 | 2 |
| 12.10.1975 4 W W. Kelsch (BRD) \& H. Döhla (BRD) | 1:35:12 |  |  | 161 | 2 |
| 10.10.1976 5 R Rüdiger Grube (BRD) | 1:35:32 |  |  | 241 | 4 |
| 16.10.1977 6 Herbert Tschernitz (AUT) | 1:36:26 | Liane Winter (BRD) | 1:54:26 | 321 | 5 |
| 15.10.1978 77 Anton Gorbunov (BRD) | 1:32:11 | Linda Siprelle (USA) | 1:59:27 | 474 | 6 |
| 21.10.1979 8 A Anton Gorbunov (BRD) | 1:31:33 | Linda Siprelle (USA) | 2:00:39 | 494 | 7 |
| 19.10.1980 9 Josef Steiner (AUT) | 1:33:18 | Elke Oetermann (BRD) | 1:56:03 | 641 | 8 |
| 18.10.1981 \| 10 Martin Kuster (SUI) | 1:32:51 | Charlotte Teske (BRD) | 1:47:22 | 819 | 12 |
| 17.10. 1982 11 Gerhard Hartmann (AUT) | 1:31:11 | Sabine Ladurner (ITA) | 1:46:37 | 824 | 13 |
| 16.10. 1983 \| 12 Gerhard Hartmann (AUT) | 1:33:10 | Sabine Ladurner (AUT) | 1:52:51 | 880 | 7 |
| 14.10. 1984 13 Gerhard Hartmann (AUT) | 1:31:58 | Hertha Bayer-Schmidt (BRD) | 1:53:04 | 1,007 | 8 |
| 20. 10.1985 14 Helmut Stuhlpfarrer (AUT) | 1:33:06 | Waltraud Egger (ITA) | 1:51:58 | 1,105 | 8 |
| 19.10. 1986 15 Gerhard Hartmann (AUT) | 1:30:31 | Gundi König (AUT) | 1:59:05 | 1,334 | 10 |
| 18.10.1987 16 Gerhard Hartmann (AUT) | 1:30:29 | Verena Lechner (AUT) | 1:47:48 | 1,273 | 9 |
| 16.10.1988 17 Helmut Stuhlpfarrer (AUT) | 1:29:42 | Helena Barocsi (HUN) | 1:46:20 | 1,214 | 10 |
| 15. 10.1989 18 Jacob Ledwaba (TSW) | 1:30:44 | Galina Ikonnikova (UDSSR) | 1:47:39 | 1,264 | 18 |
| 21. 10.1990 19 Nivaldo Filho (BRA) | 1:29:18 | Helena Barocsi (HUN, record) | 1:40:38 | 1,290 | 14 |
| 20.10.1991 20 Heiko Schinkitz (GER) | 1:30:07 | Tanja Ivanova (USR) | 1:47:57 | 1,439 | 15 |
| 18. 10. 1992 \| 21 Heiko Schinkitz (GER) | 1:29:48 | Sabine Stelzmüller (AUT) | 1:47:03 | 1,365 | 18 |
| 17. 10.1993 22 Heiko Schinkitz (GER) | 1:30:07 | Vera Horka (CS) | 1:53:00 | 1,346 | 18 |
| 16. 10. 1994 \| 23 Jiri Hnilicka (CS) | 1:33:07 | Birgit Andorfer (AUT) | 2:04:08 | 1,259 | 18 |
| 15. 10. 1995 d 24 Jan Bláha (CZE) | 1:30:04 | Helena Javornik (SLO) | 1:46:11 | 1,342 | 18 |
| 20.10.1996 ${ }^{\text {2 }} 25$ Helmut Schmuck (AUT) | 1:31:14 | Helena Javornik (SLO) | 1:46:37 | 1,615 | 18 |
| 19.10. 1997 26 Zsolt Bacskai (HUN) | 1:29:53 | Helena Javornik (SLO) | 1:45:34 | 1,618 | 16 |
| 18. 10. 1998 ${ }^{27}$ Francis Mbiu (KEN) | 1:32:02 | Gudrun Pflüger (AUT) | 1:47:21 | 1,548 | 15 |
| 17. 10. 1999 28 Richard Kimeli (KEN) | 1:29:19 | Ida Surbek (SLO) | 1:54:39 | 2,097 | 12 |
| 15.10. 2000 29Zsolt Benedek (HUN) | 1:32:19 | Elisabeth Rust (AUT) | 1:52:39 | 2,237 | 17 |
| 21. 10. 2001 30 Josephat Ndeti (KEN) | 1:30:03 | Simona Staicu (HUN) | 1:44:35 | 2,455 | 15 |
| 20.10. 2002 \| 31 Barnabas K. Kenduiywo (KEN) | 1:27:15 | Helena Javornik (SLO) | 1:45:32 | 2,322 | 23 |
| 19.10.2003 32 Barnabas K. Kenduiywo (KEN) | 1:26:51 | Lillian Chelimo (KEN) | 1:46:29 | 2,459 | 20 |
| 17. 10. 2004 \| 33 Barnabas K. Kenduiywo (KEN) | 1:28:53 | Simona Staicu (HUN) | 1:48:02 | 2,463 | 23 |
| 16. 10. 2005 \| 34 Abraham Tandoi (KEN) | 1:27:59 | Izabela Zatorska (POL) | 1:52:10 | 2,832 | 25 |
| 15.10. 2006 \| 35Elijah Keitany (KEN) | 1:28:47 | Simona Staicu (HUN) | 1:46:24 | 3,069 | 24 |
| 21.10. 2007 36Elijah Keitany (KEN) | 1:32:27 | Ednah Mukhwana (KEN) | 1:51:58 | 2,482 | 24 |
| 19.10. 2008 \| 37 Hosea Tuei (KEN) | 1:29:14 | Pavla Matyasova (CZE) | 1:52:42 | 2,441 | 28 |
| 18.10. 2009 \| 38 Hosea Tuei (KEN) | 1:30:47 | Tatiana Vilisova (RUS) | 1:50:24 | 2,661 | 29 |
| 17.10. 2010 \| 39 Hosea Tuei (KEN) | 1:26:47 | Simona Staicu (HUN) | 1:46:39 | 2,347 | 31 |
| 16. 10. 2011 - 40 Hosea Tuei (KEN) | 1:29:45 | Nancy Koech (KEN) | 1:46:25 | 3,505 | 30 |
| 21. 10. 2012 41 Hosea Tuei (KEN, record) | 1:26:10 | Chelangat Sang (KEN) | 1:45:14 | 3,418 | 30 |
| 20.10. 2013 - 42 Hosea Tuei (KEN) | 1:28:42 | Chelangat Sang (KEN) | 1:47:21 | 3,590 | 35 |
| 19.10. 2014 \| 43 Robert-Kipkoech Kirui (KEN) | 1:30:10 | Priscah-Jemutai Bartenge (KEN) | 1:47:36 | 4,084 | 37 |
| 18. 10. 2015 - 44 Hosea Tuei (KEN) | 1:30:30 | Stellah-Jepngetich Barsosio (KEN) | 1:47:37 | 4,703 | 38 |
| 16. 10. 2016 \| 45 Hosea Tuei (KEN) | 1:29:14 | Tunde Szabó (HUN) | 1:52:07 | 5,601 | 41 |
| 15. 10. 2017 \| 46 Hosea Tuei (KEN) | 1:30:04 | Tereza Zuzánkova (CZE) | 1:57:28 | 5,420 | 39 |
| 21. 10. 2018 \| 47 Charles-Juma Ndiema (KEN) | 1:28:19 | Ruth-Ndundu Mbatha (KEN) | 1:49:35 | 6,059 | 39 |
| 20. 10. 2019 \| 48 Hosea Tuei (KEN) | 1:29:53 | Nelly Jepchumba (KEN) | 1:44:52 | 6,026 | 49 |
| 10. 10. 2021 - 49 Markus Lemp (AUT) | 1:33:00 | Anna Glack (AUT) | 1:53:09 | 2,721 | 30 |
|  | 1:30:12 | Dorine-Jerop Murkomen (KEN) | 1:57:43 | 3,968 | 36 |
| 15.10.2023 51 Ezekiel Kipkorir (KEN) | 1:28:05 | Philice-Cheboirot Kipkerio (KEN) | 1:48:38 | 4,942 | 47 |

## All winners

## Marathon

| Date | Race | No. Winner Men | Time | Winner Women | Time | Registrations |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | Finisher

## 10k Shoreline Race

| Date \| Race No. Winner Men | Time | Winner Women | Time | Registrations | Finisher |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 19.10.2003 1 1 Alexander Weiß (AUT) | 34:30 | Maria Koch (AUT) | 37:29 | 450 | 399 |
| 17.10.2004 \| 2 Vassili Kraus (GER) | 32:43 | Linda Grieshaber (GER) | 40:44 | 515 | 423 |
| 16.10. 2005 \| 3 Thomas Frühwald (AUT) | 33:46 | Eva Trost (GER, record) | 35:59 | 589 | 493 |
| 15.10.2006 \| 4 DI Ulrich Katzer (AUT) | 33:24 | Lauren Martin (AUT) | 37:27 | 638 | 552 |
| 21.10.2007 5 Christof Wastl (AUT) | 33:28 | Pavla Matyasova (CZE) | 37:03 | 583 | 415 |
| 19.10. 2008 \| 6 Hermann Oberbichler (AUT) | 34:02 | Andrea Oberbichler (AUT) | 40:02 | 626 | 569 |
| 18.10.2009 17 Thomas Bosnjak (AUT) | 34:06 | Andrea Oberbichler (AUT) | 40:17 | 717 | 569 |
| 17. 10. 2010 \| 8 Marko Pintar (SLO) | 34:18 | Bernadette Schuster (AUT) | 37:20 | 635 | 529 |
| 16.10. 2011 \| 9 Markus Sostaric (AUT) | 32:15 | Bernadette Schuster (AUT) | 37:30 | 1,075 | 926 |
| 21.10.2012 10 Alexander Weiß (AUT) | 33:33 | Mag. Sonja Nigl (AUT) | 39:46 | 930 | 825 |
| 20.10. 2013 11 Alexander Weiß (AUT) | 33:44 | Bernadette Schuster (AUT) | 37:33 | 1,056 | 908 |
| 19.10. 2014 \| 12 Michael Lang (GER) | 33:14 | Bernadette Schuster (AUT) | 37:55 | 1,280 | 1,154 |
| 18.10. 2015 \| 13 Jürgen Aigner (AUT) | 33:14 | Bernadette Schuster (AUT) | 37:29 | 1,546 | 1,295 |
| 16. 10. 2016 \| 14 Peter Herzog (AUT, record) | 30:44 | Bernadette Schuster (AUT) | 36:53 | 1,975 | 1,701 |
| 15. 10. 2017 \| 15 Jürgen Aigner (AUT) | 33:18 | Bernadette Schuster (AUT) | 36:50 | 1,982 | 1,692 |
| 21.10. 2018 \| 16 Christian Guttenbrunner (AUT) | 34:06 | Bernadette Schuster (AUT) | 36:42 | 2,151 | 1,851 |
| 20.10. 2019 \| 17 Jürgen Aigner (AUT) | 33:32 | Bernadette Schuster (AUT) | 38:12 | 2,076 | 1.793 |
| 10.10. 2021 18 Endris Seid (AUT) | 33:39 | Bernadette Schuster (AUT) | 37:04 | 810 | 695 |
| 16. 10. 2022 19 Isaac-Toroitich Kosgei (AUT) | 32:09 | Bernadette Schuster (AUT) | 37:52 | 1,186 | 1,025 |
| 15. 10. 2023 \| 20 Alexander Brandner (AUT) | 33:02 | Kerstin Springer (AUT) | 36:56 | 1,379 | 1,144 |
| Registrations \| Finisher |  |  |  | 22,199 | 18,958 |

## 5,2k Panorama Race

| Date \| Race No. Winner Men | Time | Winner Women | Time | Registrations | Finisher |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 16.10.2005 \| 1 - |  | Sandra Höllnsteiner (AUT) | 23:21 | 49 | 43 |
| 15.10. 2006 \| $2-$ |  | Vera Maier (AUT) | 22:44 | 114 | 93 |
| 21.10.2007 \| $3-$ |  | Anna Hajdu (HUN) | 21:58 | 137 | 89 |
| 19.10.2008 4 - |  | Victoria Schenk (AUT) | 20:29 | 137 | 124 |
| 18.10. 2009 \| 5 Leopold Wölflingseder (AUT) | 17:50 | Bernadette Schuster (AUT) | 19:33 | 314 | 232 |
| 17.10. 2010 \| 6 Lukas Pertl (AUT) | 18:00 | Julia Lettl (GER, record) | 19:18 | 272 | 190 |
| 16.10.2011 \| 7 Franz Reingruber (AUT) | 18:24 | Anna Glack (AUT) | 20:56 | 351 | 290 |
| 21.10.2012 8 Stefan Aichinger (AUT) | 18:07 | Irmi Kubicka (AUT) | 19:58 | 400 | 339 |
| 20.10. 2013 \| 9 Jürgen Aigner (AUT) | 17:33 | Irmi Kubicka (AUT) | 19:55 | 392 | 342 |
| 19.10. 2014 \| 10 Andreas Kaiser (AUT) | 18:37 | Anna Baumgartner (AUT, record) | 19:18 | 498 | 423 |
| 18.10. 2015 11 Julian Kreutzer (AUT) | 17:34 | Waltraud Berger (GER) | 19:53 | 573 | 475 |
| 16.10. 2016 \| 12 Jürgen Aigner (AUT) | 17:02 | Lisa Oberndorfer (AUT) | 20:14 | 802 | 600 |
| 15.10. 2017 \| 13 Tobias Rattinger (AUT) | 17:23 | Irmi Kubicka (AUT) | 20:32 | 828 | 657 |
| 21.10. 2018 - 14 Jürgen Aigner (AUT) | 16:38 | Lena Baumgartner (AUT) | 20:09 | 1,160 | 954 |
| 20.10. 2019 \| 15 Tobias Rattinger (AUT) | 16:54 | Andrea Oberbichler (AUT) | 21:10 | 833 | 736 |
| 10.10. 2021 16 Tobias Rattinger (AUT) | 16:14 | Therese Wagenleitner (AUT) | 21:02 | 412 | 355 |
| 16.10. 2022 \| 17 Tobias Rattinger (AUT, record) | 16:11 | Angela Grundbichler (AUT) | 21:23 | 596 | 497 |
| 15. 10. 2023 \| 18 Tobias Rattinger (AUT) | 16:39 | Emma Scherb (AUT) | 21:21 | 592 | 501 |
| Registrations \| Finisher |  |  |  | 8,460 | 6,940 |

## Marathon

| Time | Men | Year | Time | Women | Year |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 2:41:40 | Florian Neuschwander (GER), *1981 | 2019 | 3:13:50 | Dr. Veronika Limberger (AUT), *1986 | 2014 |
| 2:46:28 | Andreas Pfandlbauer (AUT), *1978 | 2016 | 3:22:49 | Anne Hartmann (GER), *1980 | 2015 |
| 2:49:21 | Niklas Kröhn (AUT), *1971 | 2011 | 3:23:11 | Dr. Christine Wenzl (AUT), *1981 | 2016 |
| 2:49:35 | Andreas Lahninger (AUT), *1991 | 2023 | 3:24:06 | Renate Veigl (AUT), *1986 | 2021 |
| 2:50:19 | Marco Bscheidl (GER), *1980 | 2021 | 3:24:26 | Monika Winkler (AUT), *1975 | 2018 |

## 27k Classic Race

| Time | Men | Year | Time | Women | Year |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 1:26:10 | Hosea Tuei (KEN), *1987 | 2012 | 1:40:38 | Helena Barocsi (HUN), * 1966 | 1990 |
| 1:26:51 | Barnabas K. Kenduiywo (KEN), *1974 | 2003 | 1:40:46 | Márcia Narloch (BRA), *1969 | 1990 |
| 1:27:59 | Abraham Tandoi (KEN), *1974 | 2005 | 1:44:35 | Simona Staicu (HUN), *1971 | 2001 |
| 1:28:02 | Mariko-Kip Kipchumba (KEN), *1976 | 2005 | 1:44:52 | Nelly Jepchumba (KEN), *1995 | 2019 |
| 1:28:05 | Ezekiel Kipkorir (KEN), *1995 | 2023 | 1:45:14 | Chelangat Sang (KEN), *1985 | 2012 |



Mr. Wolfgangsee²: Hosea Tuei (KEN) and Franz Zimmermann (race founder and first winner). © Hörmandinger

## 10k Shoreline Race

| Time | Men | Year | Time | Women | Year |
| :--- | :--- | :--- | :--- | :--- | :--- |
| $30: 44$ | Peter Herzog (AUT), *1987 | 2016 | $35: 59$ | Eva Trost (GER), *1968 | 2005 |
| $32: 09$ | Isaac-Toroitich Kosgei (AUT), *1981 | 2022 | $36: 42$ | Bernadette Schuster (AUT), *1981 | 2018 |
| $32: 15$ | Markus Sostaric (AUT), *1986 | 2011 | $37: 03$ | Kerstin Springer (AUT), *2000 | 2023 |
| $32: 43$ | Vassili Kraus (GER), *1985 | 2004 | $37: 03$ | Pavla Matyasova (CZE), *1980 | 2007 |
| $33: 01$ | Benjamin Klingler (AUT), *1983 | 2011 | $37: 27$ | Lauren Martin (AUT), *1973 | 2006 |

5,2k Panorama Race

| Time | Men | Year | Time | Women | Year |
| :--- | :--- | :--- | :--- | :--- | :--- |
| $16: 11$ | Tobias Rattinger (AUT), *1997 | 2022 | $19: 18$ | Julia Lettl (GER), *1995 | 2010 |
| $16: 38$ | Jürgen Aigner (AUT), *1990 | 2018 | $19: 18$ | Anna Baumgartner (AUT), *2001 | 2014 |
| $17: 11$ | Julian Kreutzer (AUT), *1996 | 2019 | $19: 33$ | Bernadette Schuster (AUT), *1981 | 2009 |
| 17:12 | Johannes Nussbaumer (AUT), *1999 | 2021 | $19: 53$ | Waltraud Berger (GER), *1970 | 2015 |
| $17: 25$ | Josef Grundbichler (AUT), *1994 | 2022 | $19: 55$ | Irmi Kubicka (AUT), *1960 | 2013 |

## Graphics

Registration numbers 1972-2023

Meldezahlen Junior-Marathon 2009-2023


Meldezahlen
10-km-Uferlauf 2003-2023


Meldezahlen
Salzkammergut Marathon 2011-2023


Meldezahlen
5,2-km-Panoramalauf 2005-2023


Meldezahlen
27-km-Klassiker 1972-2023


## Meldezahlen

Alle Bewerbe 1972-2023


## Regulation

- The competition is licensed by the ÖLV (Austrian Athletics Association, ÖLV-No. 3017/24) and is conducted in accordance with their regulations.
- The instructions of the police, fire service, route marshals, etc. are to be followed. Any contravention will result in disqualification.
- The accompaniment of a runner by anyone not registered to take part in the race (including cyclists, inline/roller skaters or those using any other sports equipment) will lead to the disqualification of the runner.


## Exemption of liability and insurance

I agree to the organisers' terms appertaining to this event. In the case of my participating in this race, I accept that the organiser is not liable for damages of any kind, including theft and damage to property. I will not make any claims against the organisers and sponsors of this race or their representatives for damages or injuries of any kind which could result from my participation in this event. I confirm, I have personal insurance (also for a rescue by a helicopter) cover and agree to follow any instructions given by the police and/or race marshals. I declare that I have trained to the correct standard to take part in this competition, that I am physically healthy and that my physical condition has been confirmed by a doctor. I consent to the use of the following without any rights to payment and/or compensation: personal data collected through the race registration process; all images either photographic and/or films; interviews (both on radio and TV); advertising, etc. Furthermore, I agree to the publication of my registration data and race results.

I confirm that my stated year of birth is correct and that my starting number will not be passed on to any other person. I acknowledge that, in the event of my breaching any of the above-stated obligations, the event organiser reserves the right to exclude me from participating. Please note: data protection law - your data will be digitally stored.

Those prevented from taking part in the event will not be able to cancel their registration and will have no claim to a refund of amounts paid. The event will go ahead in any weather condition. The promoter has the right, for any reason whatsoever to modify the event or, in the event of matters of a serious nature eg natural catastrophe, to cancel it. In these cases, the current provisions of the Art, Culture and Sports Protection Act of May, $5^{\text {th }} 2020$ apply.

## Photos

The participant agrees that the data stated in the registration and the photos, film recordings and interviews made in connection with participation in the run may be used in radio, television, advertising, books, photomechanical reproductions, films, video cassettes, etc. without any claims for remuneration. Note according to the Data Protection Act: Your data will be stored automatically.

## Further Lake Wolfgangsee Race information

Website: www.wolfgangseelauf.at
All important documents for download: https://www.wolfgangseelauf.at/das-wichtigste-the-most-important-things.htm
Facebook: https://www.facebook.com/Wolfgangseelauf/?ref=hl
Lake Wolfgangsee Race registration 2024 for all events: https://www.pentek-payment.at/ppay.php?p=1548
Newsletter registration: https://www.wolfgangseelauf.at/newsletter
All results 1972-2023: https://www.wolfgangseelauf.at/ergebnisse/ergebnisse
Partner events: https://www.wolfgangseelauf.at/sponsoren/partner-events

## Information - Accomodation - Packages

Wolfgangsee Tourism
Tel: +43 (0) 6138 / 8003
E-Mail: info@wolfgangsee.at
Web: www.wolfgangsee.at

## Tip - Salzkammergut moving events

The entire Salzkammergut is a moving region in the truest sense of the word. This is proven by around 20 attractive sporting events, including - as the oldest and most traditional event (since 1972) - the International Wolfgangsee Run. You can find all information about "Salzkammergut bewegt" at https://salzkammergutbewegt.at


## Organization

Organization team: OK Int. Lauf - Laufgemeinschaft St. Wolfgang
Race Directors: Werner Haas, Gisbert Rabeder, Christian Sams, Maria Eisl, Siegfried Lemmerer
Technical advice: Franz Zimmermann
Refreshing: Kathi Praschl-Zimmermann
Logistics: Hans Hödlmoser
Social Media: Julia Sperrer, BSc. BSc., Nathalie Wieser, BA
Presenter: Hans Wieser, Heinz Hörhager, Martin Bankhammer, Hannes Reindl, Fritz Steinparz, Harald Prohaska, Franz Reisinger
Photo service: www.marathon-photos.com
Race Offices/Tourist Offices:
St. Wolfgang: Mag. Yvonne Rosenstatter, Thomas Möslinger, Anna Schlömmer, Susanne Schweizer
Strobl: DI Monika Pöckl, Sophie Wallner, Stefanie Appesbacher, Verena Zopf, Laura Satzinger
St. Gilgen: Patrick De-Bettin, Brigitte Winkler, Christine Hausjell, Lena Niedermeier, MA, Sarah-Marie Appesbacher
Bad Ischl: Thomas Enichlmayr
Medical service: Racing-doctor Dr. Elisabeth Leifer-Lepic, Dr. Ulrike Krupitz, Dr. Viktoria Schubert, Red Cross St. Wolfgang,
Red Cross Strobl, Mountain Rescue Service St. Wolfgang, Mountain Rescue Service Strobl, Water rescue Service St. Gilgen
Traffic: Police Gmunden; Police Bad Ischl: Heinz Schuster, Roman Kern; Police St. Gilgen: Hans-Peter Bayr, Werner Hinterberger;
Police Strobl: Robert Ratzinger; City police Bad Ischl: Josef Eisl; Authority Province of Upper Austria: Martina Stallinger;
Authority Province of Salzburg: Andrea Kern; District administration Gmunden: Ing. Mag. Alois Lanz, MBA, Michael Niedermaier,
Maria Klemm; District administration Salzburg-Umgebung: Doris Aigner, Anna Annegg; SV Rußbach, Wirlinger Traditionsschützen,
WSV Strobl, building yard St. Gilgen: Thomas Eisl, Alexander Paul; building yard Strobl: Peter Laimer, Jürgen Jedinger
Voluntary fire brigades: St. Wolfgang: Commander Alexander Stadler, FF Rußbach: Commander Markus Sammer jun.,
FF Wirling: Commander Michael Greiner
Service: WSV Strobl, USC Abersee, Bauhof St. Wolfgang, Das Pacher Haus (Robert Gratzer), Team Monika Eisl, D’Riada Perchten, Volksschule St. Wolfgang, Pfarre und Kindergarten St. Wolfgang, Poststelle St. Wolfgang, Weisses Rössl, Bäckerei Gandl, Konditorei Wallner, Kaffeewerkstatt, Fam. Pflügler, Schnellboot Höplinger, Wolfganger Prangerschützen, Bauhof Strobl, Mittelschule Strobl, Pfarre Strobl, AbArena, Primushäusl, GH Fürberg, GH Gamsjaga, St. Konrad Chor, Trachtenverein d'Bleckwandla, Bauhof St. Gilgen, Legend of Ox, The Breeze, Schlagartig, Schwertner Medaillen Graz, Städtischer Bauhof Bad Ischl, Ischler Faschingsverein, Veranstaltung- \& Kongress GmbH
Photos/Graphic: Airpix, Ursula Bahr - kunstbahr.at, Bayerische Laufzeitung - Erwin Fladerer, www.herbert-benedik.com,
DI Horst von Bohlen, DI Wolfgang von Bohlen, Thomas Rottenberg, Markus Eisl, Katharina Eisl Photography, Reinhard, Marion und Simon Hörmandinger, Lisa Laimer, www.laufreport.de, Laufsport Sperrer, Lehmann, Helga Nagl, Savel, Julia Sperrer, Winfried Stinn, Trautner, Trompeter, TVB Bad Ischl, Weinhäupl, WTG
Website: Sportalpen Online Marketing GmbH
Organizer and press: Franz Sperrer


The course in Abersee leads towards Strobl on picturesque terrain.
(c) www.herbert-benedik.com

## Timetable 2024

Saturday, 19 ${ }^{\text {th }}$ October, 2024:
7.30 a.m. -8.30 a.m. Distribution of starting packages, shirts and last-minute entries for Walk the Lake: Brunnwind, Mondseestraße 12, 5340 St. Gilgen.
9.00 a.m. Start Walk the Lake (8.5k | $14 \mathrm{k} \| 18.5 \mathrm{k} \mid 27 \mathrm{k}$ ): Brunnwind, St. Gilgen.
11.05 a.m. $\quad 1^{\text {st }}$ Walk the Lake transfer by ship from St. Wolfgang Markt to St. Gilgen (the hourly from 12 noon to 5 p.m.)

Walk-Transfers also hourly from Strobl (11.25 a.m. to 4.25 p.m and from Gschwendt (11.40 a.m to 4.40 p.m.)
12 noon -3.05 p.m. Distribution of starting packages and last-minute entries for the Junior-Marathon: music pavilion in Strobl.
2.00 p.m. $\quad 1^{\text {st }}$ Start $15^{\text {th }}$ Junior-Marathon ( W 4$\rfloor$ girls 2020 and younger), lakeside promenade in Strobl.
2.00 p.m. -7.00 p.m. Distribution of starting packages and T-shirt collection in the Pacher House, St. Wolfgang.

Last-minute entries Pacher-Haus, St. Wolfgang (5.2k|10k|27k|42.195k) - only, if the races are not sold out.
Lake Wolfgangsee Race-EXPO - in front of the Pacher House, St. Wolfgang.
2.00 p.m. -7.00 p.m. Medical Center, Markt 106,5360 St. Wolfgang.
4.30 p.m. Winners ceremony, raffle and tribute for the three biggest teams (Junior-Marathon): pavilion or Sports hall Secondary School, Strobl.
5.00 p.m. End of official timing (Walk the Lake) in St. Gilgen.
6.00-8.30 p.m. Meet and greet - "Griaß Eich!" - pasta party with live music (The Breeze), tribute to the runners, infos - talks (Pacher House St. Wolfgang).

Sunday, 20 ${ }^{\text {th }}$ October, 2024:
 SCHAFBERG
SCHIFFFAHRT

